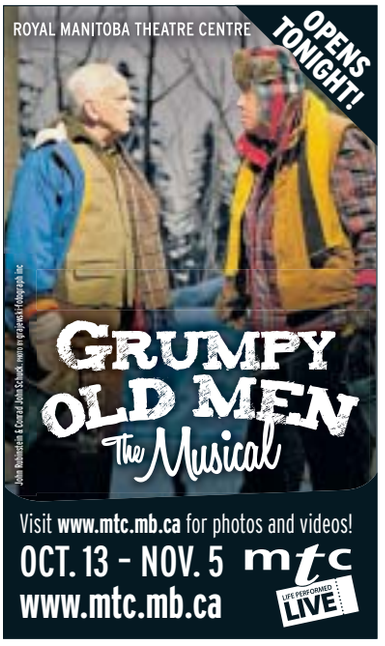
LIGHT THERAPY

LEARN THE BASICS FOR THE KEY ROOMS IN YOUR HOME

{page 16}

TERMINAL FIGHT

CITIZENS MAKE 11TH-HOUR PITCH TO SAVE PART OF CITY'S HISTORY {page 3}



WINNIPEG metro®

Thursday, October 13, 2011
www.metronews.ca
News worth sharing.

Tax lots: Councillor

- Mike Pagtakhan wants to prevent more private surface parking lots from springing up
- Revenue from the tax could be used for transit or active transportation, he says

JAMES TURNER
@METRONEWS.CA

JAMES TURNER/METRO

▶ Surface parking lots, like this one at an apparently abandoned business at Ross Avenue and Ellen Street, are becoming an increasing problem north of downtown, Coun. Mike Pagtakhan says.

The city should consider charging a per-stall tax at private surface parking lots springing up northwest of downtown, a Winnipeg city councillor says.

Mike Pagtakhan (Point Douglas) says he's noticed a number of lots popping up near Red River College and believes they bode poorly for redevelopment in the area.

"What I'd like to see is development, but not just surface parking lots," Pagtakhan said yesterday.

He pointed to a surface lot at an apparently abandoned business at the intersection of Ross Avenue and Ellen Street where RRC staff and students are being courted as customers.

It costs $120 a month for a 24-hour reserved spot. About a block north, on Pacific Avenue, a city-owned surface lot run by the parking authority is selling monthly passes for $114.

Taxing owners of the private lots on a per-stall basis and using that money for transit or active transportation could be good for the city, Pagtakhan says.

He acknowledges the growing demand for parking in the area sparked by the expansion of RRC and local businesses.

But he also wonders why the lots are allowed to operate without oversight or approval.

"These things should be vetted, I think, through the local community committee."

The lots discourage redevelopment and are ugly, Pagtakhan says, adding they influence sprawl development on the fringes of the city, requiring expensive investments in infrastructure.

Councillors sitting with Pagtakhan on the Lord Selkirk-West Kildonan community committee agreed on Tuesday that a debate is needed on surface lots.

However, Pagtakhan backed away from calling a moratorium on the lots.

A senior city planner hinted to the committee that stiffer enforcement of city bylaws surrounding surface lots is also a possibility.

'Los 33'

Chilean miners a year later

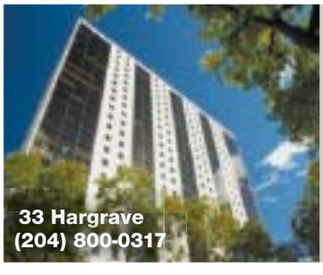
They were feted as heroes after dramatic rescue Now some struggle with poverty and depression {page 8}

Trash talk

Councillors deadlocked over waste diversion {page 4}

A brewski for me and youski

Budweiser Canada to brew beer for 'Peggers only {page 4}



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Readers' comments

Do you think the old Winnipeg airport terminal should be torn down?

Daniel Dueck

"I don't think so — I'm not for tearing anything down that's monumental or historical."

Alan Mingaracal

"I think they could use it for something useful — something that shows the history of the Winnipeg airport."

David Trueman

"No. I think they could make good use of it. I haven't heard of anything being structurally unsound, so it's probably of some use."

Terrie Sanderson

"If they could preserve it and make use of it, that would be a good thing."

Airport terminal on life support

Groups want to save the old terminal from demolition WAA says they had their chance

ELISHA DACEY
@METRONEWS.CA

COURTESY OF HERITAGE WINNIPEG

▶ Local groups would like to see the old Winnipeg Airport terminal re-adapted into something similar to the Silent Wings Museum at Lubbock International Airport in Texas, pictured here.

Local groups are making a last-ditch effort to save what they call a prime piece of Winnipeg architecture.

The old Winnipeg International Aiport terminal is slated for demolition after the new terminal at the James Richardson International Airport is scheduled to open at the end of the month.

Heritage Winnipeg and the Manitoba Historical Society have launched a campaign to save the old terminal to prevent the demise of "one of the finest examples of Mid-Century Modernist Architecture in Canada."

Both groups are urging Winnipeggers to call their MPs to express their desire to keep the terminal.

However, a spokesperson for the Winnipeg Airports Authority said they have been trying for years to find a group to save it, and no one has stepped forward.

The terminal was originally built in 1964. The growth in Winnipeg's air traffic prompted all three levels of government to fund building a more modern and larger terminal, complete with a bigger parkade. It is slated to open Oct. 30, and had a dry-run with more than 1,300 volunteers this past weekend.

The land freed up by the demolishment of the current terminal will be home to the Western Canadian Aviation Museum. They must vacate their current location by 2017.

Heritage Winnipeg and Manitoba Historical Society said they would like to see the terminal used as a museum, similar to one built in Texas.

1 news

The unflappable Sugar Bear probably wasn't worried, but new food-marketing regulations in the U.S. will likely spare cartoon cereal mascots. Scan the code.

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On the web at metronews.ca

Scientists have made a genetic breakthrough that would have come in very handy in the 14th century. Video at metronews.ca/video

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Faculty go on strike

Last strike at Brandon University was in 2008 and lasted 17 days

Classes for about 3,000 students have been shut down because of a strike by professors and other staff at Manitoba's third-largest university.

The labour disruption at Brandon University follows a 15-hour contract bargaining session that began early Tuesday afternoon between administrators and the university's faculty association.

Joe Dolecki, president of the association, says the strike is regrettable, but both sides were too far apart on the main issues.

THE CANADIAN PRESS

Representation

- The faculty association represents about 240 instructors, librarians and professional associates who recently voted in favour of a strike to back their demands.
- Wages and contract language have been key sticking points. The staff's last contract expired on March 31.

Railway crossing to close for weekend

Shaftsbury Boulevard at Wilkes Avenue will be closed to all traffic in both directions this weekend as the city rehabilitates the railway crossing. The roads will close on Saturday at 6 a.m. and will open again on Monday at 6 a.m. Motorists can use alternative routes such as Kenaston Boulevard and Elmhurst Road.

METRO

BRAWL

Man allegedly bashed with a rock

Two men are behind bars after a fight downtown led to one man bashing another with a large rock, police say.

Winnipeg police say the fight began after a 24-year-old man and a 30-year-old man, who were known to each other, got into a verbal argument on Main Street near Higgins Avenue Tuesday evening. When the 30-year-old walked away, the 24-year-old picked up a large rock, followed him and hit him in the upper body with the rock.

When the victim fell to the ground and a 42-year- old joined in the fight, kicking the victim several times.

Harry Wellington Gegwetch, 42, and Lawrence Thompson, 24, were arrested and charged with aggravated assault. The victim was taken to hospital and is in stable condition.

ELISHA DACEY

Woman choked and robbed: Cops

A Winnipeg woman is recovering after she was robbed getting off a bus.

Winnipeg police said the woman, 20, got off a bus on Tuesday at about 5:45 p.m. when she was choked from behind. A man demanded her personal property, which she turned over.

The WPS canine unit found the male, 16, hiding in a yard in the 100 block of Larche Avenue. He was charged with robbery with a weapon and other offences.

ELISHA DACEY

Happy. And Strong

▶ Brittney Fox, 17, with Dr. Goodbear, reacts as her story of overcoming illness as a child is told at Oak Park High School yesterday.

JENNA CUMBERS/FOR METRO

A champion is chosen

Brittney Fox, who at 11-months old was diagnosed with Cystic Hygroma, a life-threatening tumour, was chosen as this year's Champion Child for the Children's Hospital Foundation, and will become an advocate for child health to raise funds for kids like her.

Turning water into beer for Jets fans

ELISHA DACEY
@METRONEWS.CA

Did you give your blessing to a giant keg of water in Winnipeg Sunday? Soon you'll be able to drink it.

Budweiser Canada announced yesterday that giant vessels of water placed around Winnipeg Sunday will be turned into beer that will only be sold in Winnipeg.

Called Honour the Ice, the water vessels were placed in strategic places near the MTS Centre and other landmarks such as the Forks, said Kyle Norrington, marketing director for Budweiser. Winnipeggers were asked to bestow their good luck wishes on the vessels of water for a successful hockey season.

The water will now be transported back to Edmonton, where it will be brewed for a Winnipeg-only beer called Welcome Back Brew.

"Budweiser is literally bottling up the spirit, passion and energy of Winnipeg's fans — certainly a first for us and a great way to pay homage to Jets fans who rallied tirelessly to bring back Canada's seventh team," said Norrington in a press release.

The beer will make its retail debut in early 2012, and Budweiser said there will be a kick-off event to launch the beer.

CONTRIBUTED

"Budweiser is literally bottling up the spirit, passion and energy of Winnipeg's fans."

KYLE NORRINGTON, MARKETING DIRECTOR FOR BUDWEISER

Vote tied over garbage measures

Winnipeg Mayor Sam Katz will have to rely on opposition councillors to support him if the proposed new garbage measures are to pass.

Winnipeg city council's executive policy committee (EPC) was deadlocked in a tie vote over the plan yesterday despite the water and waste department's urging to move it forward.

Katz, along with councillors Dan Vandal and Justin Swandel supported the new measures, while councillors Jeff Browaty, Scott Fielding and Paula Havixbeck opposed.

Winnipeg has one of the worst waste-diversion records in the country.

The plan would see up to 50 per cent more waste diverted from the landfill. It will also cost homeowners $50 a year.

The plan includes converting the entire city to single-home automated garbage carts, replacing the blue recycling bins with a similar automated system, a lawn and garden waste pick up and a curbside composting program.

Coun. Havixbeck told EPC her constituents are afraid the costs of the program would quickly balloon, while Coun. Browaty said there are too many new features and they should be implemented more slowly.

In other council news, EPC approved the demolition of the former A&B Sound building downtown to make way for a hotel and shopping complex across from the MTS Centre.

METRO

ELISHA DACEY/METRO

▶ Winnipeg will be entirely converted over to garbage carts if a garbage plan goes through next week.

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Phone hacks in legal limbo

Hackers give consumers freedom to customize phones Illegal 'tweaks' fuel copyright questions

A community of phone hackers wants to help you break through the virtual fences erected by manufacturers like Apple around their devices to restrict the software those devices can run.

It's a trend known as "jailbreaking" and it allows users to change a device's operating system to run a variety of software and open up new functions. It also currently sits in a legal grey area, fuelling questions about consumer freedom and copyright.

The jailbreaking phenomenon is nowhere more common than with Apple's iPhone, which is set for an update this week with the long-awaited iPhone 4S. Phone hackers say they're ready with their own jailbreak to go along with it. THE CANADIAN PRESS

Jailbreaking

- **There are hacks** available for several types of smartphones, including the iPhone and Google's Android operating system.
- **It typically involves** downloading free computer software, which then installs the hack onto the device.
- **Once broken, users can** tweak the look of their phones and run apps that aren't approved by phone manufacturers.

New Zealand. Shipwrecked

▶ Shipping containers float yesterday in the water around the cargo ship Rena that has been foundering since it ran aground on Oct. 5

BLAIR HARKNES/MARITIME NEW ZEALAND/THE ASSOCIATED PRESS

Cargo ship spills more

The condition of the stricken cargo ship, which is leaking oil, worsened yesterday, with about 70 containers falling overboard.

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The program celebrates outstanding young professionals in 13 categories; one winner will also be named Young Professional of the Year.

To nominate a friend, a colleague or even yourself, log onto notable.ca/awards. But do it now — nominations close on October 14.

METRO

Jets pride to be brewed as beer

Did you give your blessing to a giant keg of water in Winnipeg Sunday? Soon you'll be able to drink it.

Budweiser announced yesterday that giant "vessels" of water placed around Winnipeg Sunday will be turned into beer that will only be sold in Winnipeg.

Called Honour the Ice, the water vessels were strategically placed near the MTS Centre and other landmarks such as the Forks.

ELISHA DACEY IN WINNIPEG

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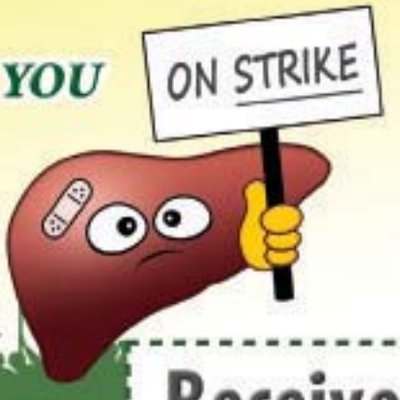

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English runner admits cheating

Sloan disqualified from marathon after taking bus to finish course Faces ban from future marathons

After crossing the finish line in third place and smashing his personal best, Rob Sloan celebrated and boasted how he'd just completed an "unbelievably tough" marathon.

It turns out that things weren't quite what they seemed.

Sloan, organizers say, had actually dropped out 32 kilometres into the race, hitched a ride on a spectator shuttle bus and emerged from the woods near the finish line to make the podium.

After initially describing claims that he cheated in Sunday's Kielder Marathon in the U.K. as "laughable," the 31-year-old former army mechanic admitted his transgression following an investigation.

"People in cars following the bus saw him get on and off. People saw him run through the bushes — we had him hook, line and sinker," said Dave Roberts, one of the marathon organizers. Sloan was stripped of his third-place result.

Fellow competitors and bosses of Sloan's running club, the Sunderland Harriers, criticized the runner for tainting an event labelled by organizers as "Britain's most beautiful marathon."

THE ASSOCIATED PRESS

Famous cheats

- **One of the most famous** cases of cheating in a marathon came at the Boston Marathon in 1980, where Rosie Ruiz was the first woman to cross the finish line but was disqualified when officials discovered she jumped into the race about 1.5 kilometres from the end.

Occupy. Philly

▶ Protester John Leonard sleeps beneath a sheet of plastic on a fold-out couch outside city hall yesterday in Philadelphia.

MATT ROURKE/THE ASSOCIATED PRESS

Protests to cross into Canada

A demonstration in Philadelphia is one of many being held across the country recently in support of the ongoing Occupy Wall Street demonstration in New York. Similar protests are being planned in several cities across Canada for Saturday, including Winnipeg.

Teen charged with manslaughter

Gatineau police have upgraded charges against a Pontiac, Que., teen to manslaughter after a man who tried to stop teens from stealing a pumpkin two weeks ago died.

Korey Perry, 19, was arrested yesterday and made a brief appearance in court. He was initially charged with assault causing bodily harm.

Police said a group of men tried to steal a pumpkin from the IGA on 203 Chemin d'Aylmer on Sept. 29 when Paul Hines, 57, intervened.

Hines was beaten and transported to hospital in critical condition with head injuries. He succumbed to his injuries in hospital last Thursday.

Perry's arrest was carried out at around the same time as Hines was laid to rest at St. Mark church.

Crown prosecutor Sylvain Petitclerc said the question of whether Perry should be detained in custody pending trial remains open.

Perry is set to appear in court at 9 a.m. today.

JOE LOFARO IN OTTAWA

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Today marks 12 months since 33 Chilean miners were miraculously rescued from the San José mine ◆ The inspirational story earned 'Los 33' global fame ◆ For some, the past year has changed their lives for the better ◆ Others are battling poverty, addiction and unemployment

A bittersweet year

ALEX IBANEZ/THE ASSOCIATED PRESS,CHILEAN PRESIDENTIAL PRESS OFFICE

31 miners have sued the Chilean state for $17 million US, saying it failed to ensure safe working conditions.

MIREYA SEGUEL
METRO WORLD NEWS IN CHILE

They have travelled the globe, rubbed elbows with celebrities and been cheered as heroes the world over. One year after 33 Chilean miners were winched to the surface from their entombment 700 metres underground, they still get recognition for their incredible saga of endurance and survival.

But, perhaps surprisingly, the instant fame and status have brought problems of their own, and the promised riches have never materialized.

The Copiapó miners have walked a long road since their dramatic rescue from the San José mine was watched on television by an estimated one billion viewers.

Many of the miners say they are worse off now than they were before the accident. Some are without steady jobs and most are still on medical leave recovering from the trauma of having been buried alive for 10 weeks.

Fourteen of the miners rely on a government disability pension of $470 a month, but they are still struggling.

Now, however, "Los 33" are starting to mobilize, hoping to make some money from their experience. They have hired the law firm Carey and Company and established a committee to protect their image and sell their story. They have also signed a deal with the William Morris Endeavor agency for film and television projects. Meanwhile, Hollywood producer Mike Medavoy plans to make a movie of their story based on a book by author Héctor Tobar, which was inspired by miner Victor Segovia's writings while he was underground.

Determined to seek justice, some of the miners have filed a negligence suit against the Chilean government for failing to ensure proper working conditions at the mine.

And, perhaps most surprising of all, more than half of the men say they want to go back underground. It's a matter of simple economics, they say — they need the money — and mining is all they know.

One year later

- **Yonni Barrios, 51.** The group's "nurse" is suffering from silicosis. Owns a warehouse, but earnings are slim. Receives a government pension.
- **Darío Segovia, 49.** Opened a greengrocer in Copiapó thanks to funding from Chilean businessman and philanthropist Leonardo Farkas. Receives a government pension.
- **Luis Urzúa, 55.** Gives motivational talks with some of his colleagues and receives a government pension.
- **Juan Andrés Illanes, 53.** Works as a motivational speaker and receives a government pension.
- **Juan Carlos Aguilar, 50.** Training to become a motivational speaker. Receives a government pension.
- **Edison Peña, 35.** Undergoing treatment for drug and alcohol addiction.
- **Claudio Yáñez, 35.** Unemployed and in financial difficulty. Gives motivational talks.
- **Osmán Araya, 31.** Unemployed and dealing with psychological problems. Not getting any government assistance.
- **Carlos Mamani, 25.** The Bolivian is unemployed and still living in Chile. Not giving interviews.
- **Richard Villarroel, 28.** Dealing with psychological problems.
- **Jimmy Sánchez, 20.** Discharged from hospital, but still dealing with psychological problems.
- **Raúl Bustos, 41.** Focused on motivational speaking.
- **Pedro Cortés, 27.** Unemployed and bankrupt, studying electrical technology.
- **Carlos Bugueño, 28.** Unemployed. Relies on charity.
- **Esteban Rojas, 45.** Unemployed and receives a government pension.
- **Carlos Barrios, 28.** Draws an income working as a driver with a friend.
- **Jorge Galleguillos, 56.** Gives motivational talks and receives a government pension.
- **José Henríquez, 55.** Told his story for the book Miracle in the Mine, published today. Receives a government pension and has decided to return to mining.
- **Mario Sepúlveda, 41.** The extroverted miner nicknamed "Super Mario" owns an event centre in Santiago.
- **Mario Gómez, 65.** Suffering from silicosis and wants to retire. Receives a government pension.
- **Víctor Zamora, 34.** Has no steady job. Sells fruits and vegetables from the living room of his home. Suffers from insomnia.
- **Franklin Lobos, 53.** Works as technical co-ordinator of Copiapó's football club development leagues. Receives a government pension.
- **Claudio Acuña, 36.** After failed attempts at getting into a new line of work, he was only able to land another mining job.
- **Víctor Segovia, 49.** Owns a taxicab and a school bus. He's writing a book about the accident based on diaries he kept while underground. Receives a government pension.
- **Ariel Ticona, 30.** He spends time at home with his daughter Esperanza, who was born while he was trapped underground. Unemployed and experiencing stress.
- **Daniel Herrera, 28.** As part of his therapy, he makes public appearances in a special hall dedicated to the miners at Santa Cruz Museum. Also on medical leave.
- **José Ojeda, 48.** On medical leave, he still suffers from the trauma of being trapped underground. Receives a government pension.
- **Pablo Rojas, 46.** Unemployed. Receives a government pension.
- **Omar Reygadas, 57.** Working as a motivational speaker. Receives a government pension.
- **Alex Vega, 32.** Has no steady job, but does temporary work as a mechanic. On medical leave.
- **Samuel Ávalos, 44.** Working as a motivational speaker.
- **Renán Ávalos, 30.** Dealing with psychological problems.
- **Florencio Ávalos, 32.** Unemployed but has applied for a job as a miner at Collahuasi copper mine in northern Chile.

A celebration — then came the hangover

It should have been a time of triumph for the 33 rescued Chilean miners.

Instead, many of them partied a little too hard, and controversy has emerged over the effectiveness of the care the men received, especially after news surfaced that miner Edison Peña was in rehab for drug and alcohol abuse.

Alberto Iturra, chief psychologist of the rescue mission, says his team couldn't prevent some situations from occurring. "A struggle began on getting exclusive interviews from the media, not allowing the miners to spend more time with their families," he said.

"Only a few days after their return to the surface, there was an explosive excess of partying and drinking for them. They didn't even have the time to rest in hospital."

But Alejandro Pino, manager of the Chilean Safety Association, insists he did everything he could to get the best results from the treatment program.

"Medical issues such as alcoholism are not necessarily as a psychological consequence of the accident," he said. "In truth, the men's psychological behaviour was much better than we expected anyway."

JORGE ARELLANO IN CHILE

GETTY IMAGES

▶ Elvis fan Edison Peña ran the New York Marathon and appeared on David Letterman.

RYAN REMIORZ/THE CANADIAN PRESS

▶ Air Canada passengers wait to check in at Pierre Elliott Trudeau Airport in Montreal yesterday.

Flight attendants call off strike for now

Labour board to consider imposing a settlement or binding arbitration in Air Canada dispute

Air Canada passengers are breathing a sigh of relief that a day of uncertainty has ended with the blocking of a planned strike by flight attendants just hours before it was set to begin.

The Canadian Union of Public Employees, which represents 6,800 flight attendants, said it cancelled the strike after Labour Minister Lisa Raitt submitted two referrals to the Canada Industrial Relations Board at 2 p.m.

"One of the minister's letters concerns Section 87 of the Canada Labour Code, dealing with essential services to be maintained in the event of a strike or lockout.

The minister's intervention with the labour board, as it stands, postpones the calling of a strike until the question of essential services has been ruled on," the union said in a statement on its website.

"During all previous discussions and negotiations between Air Canada and its flight attendants, at no time did the employer make a formal request for the maintenance of 'essential services' in the event of a strike."

CIRB executive director Ginette Brazeau said the minister's action automatically suspends the workers' right to strike.

"The parties cannot resort to their right to strike or lockout until such time as the board disposes of this particular referral," Brazeau said in an interview.

While a legal strike is not permitted, workers could have gone on wildcat strikes. However, union leaders could have faced large fines. THE CANADIAN PRESS

Post workers taking Tories to court

Canada Post workers are taking the Harper government to court in a case that could test the Conservatives' aggressive stance on the rights of unionized labour.

The Canadian Union of Postal Workers is challenging the constitutionality of the law which forced its members back to work in June.

Close to 50,000 Canada Post workers were locked out by the Crown corporation in June after 12 days of rotating strikes by the union.

The majority Conservatives had cited the fragile economy when they decided to go ahead with a back-to-work bill, a move they've repeated in other labour disputes since.

But the union says such laws take away workers' rights.

The union has already challenged several elements of the legislation.

THE CANADIAN PRESS

Market moment

PRICES AS OF 5 P.M. YESTERDAY

TSX	Dollar
+ 154.4 (12,029.96)	+ 1.01¢ (98.3¢ US)

Oil	Natural gas 1,000 cu ft
+ $0.24 US ($85.57 US)	$3.489 (- $12.7¢)

Gold $1,682.60 (+ $21.60)

Message backlog causing problems worldwide: RIM

ADRIAN WYLD/THE CANADIAN PRESS

▶ A subscriber holds a BlackBerry in Ottawa yesterday.

Research In Motion's reputation for reliability took another bruising yesterday, as technical glitches affecting millions of BlackBerrys around the world spread to Canada, giving users another reason to switch to competitors.

The BlackBerry outage — the biggest in the company's history — even reached Prime Minister Stephen Harper's office.

Andrew MacDougall, spokesman for the prime minister, took to social networking site Twitter yesterday and tweeted: "Am being impacted by RIM/Berry service outage — please call if you need to reach me."

Outages for RIM's instant messaging service, email and browsing started at the beginning of the week in Europe and then spread to the Middle East, Africa and hit Canada yesterday.

The list of affected regions also included areas of South America, as well as Asian markets including Hong Kong, Japan, Singapore and India.

The problem began as a technical failure in Europe, but snowballed into a global problem, the Waterloo, Ont.-based company said.

RIM's chief technology officer David Yach said the company is working around the clock to send the undelivered messages, noting that the problem isn't related to a security breach. THE CANADIAN PRESS

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TRAVELLING GETS THIS GUY FLUSHED

HE SAYS ...

JOHN MAZEROLLE
METRO

It says something about my lack of recent globetrotting that I'm really looking forward to discovering some strange bathrooms.

I'll explain that in a second, but let it be known I've been stuck on this continent for five long years. In my 20s I had extended stays in Austria, Zimbabwe and New Zealand, and I've been home so long that I actually miss feeling uncomfortable.

I miss culture shock, in other words, which usually goes something like this:

1) Fascination with the new culture: "Wow, they eat lizard eyeballs here!"

2) Feeling uncomfortable: "My eyeball smells funny."

3) Rejection: "Who wants my eyeball?"

4) Understanding: "Ohhh, my eyeball needs Tabasco!"

5) Embracing the new culture: "I love eyeballs! Satisfying! Now, what was it you wanted to tell me was just a joke?"

I need bizarre food. I need confusing customs. I need to guess whether the local barfly seems like a big weirdo because of cultural differences between us or because he is, in fact, a big weirdo. And, yes, as a "one world" sort, I miss being able to embrace the full diversity of the world's bathrooms.

"It's an eco-friendly country, so toilet-paper dispensers only allow you one square at a time, and the automatic hand dryers turn on for approximately three microseconds, give or take a picosecond. Also, the flush is so wimpy that you can disturb the bowl equally well by jumping up and down on the bathroom tile."

Here's a tour:

In New Zealand, the locals are very conservative — not in their politics, but in their generosity with toilet paper. It's an eco-friendly country, so toilet-paper dispensers only allow you one square at a time, and the automatic hand dryers turn on for approximately three microseconds, give or take a picosecond. Also, the flush is so wimpy that you can disturb the bowl equally well by jumping up and down on the bathroom tile. It's madness.

In Zimbabwe, by contrast, the flush is so powerful you have to grab hold of the doorknob first, lest you be caught in the maelstrom. Also, the public services aren't what they could be — the Murderous Despot Appropriation really cuts into public funds — so I would often open a bathroom door and watch as a wave of filthy water rushed toward me while I scrambled to escape, Indiana Jones-style.

In Vienna (motto: "Kultur aus der Wazoo") there are "water closets" that play operas and urinals that are sculptures — no kidding. The urinal cakes may in fact be delicious pastry, but I never tried.

You can see how my boring old Canadian toilet isn't measuring up, no matter what Don Cherry thinks.

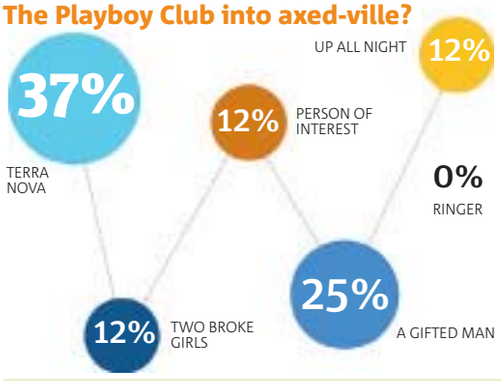
So, I'm now in the process of booking a one-month trek through Iceland, the Faroe Islands and Denmark. I'm hoping for interesting people, new food and plumbing to write about. Just thinking about it, I get a little flushed.

Read more of John Mazerolle's columns at metronews.ca/hesays

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

What new fall TV show should follow The Playboy Club into axed-ville?



Local tweets

@JonChap1: Official Bachelor Food Groups: Pasta, Hot Dogs, Frozen Veggies, Things From a Can. #mylife #winnipeg

@RedRiverWhack: It is so wrong that on Oct. 12th I should get bitten behind the knee by a WASP in #Winnipeg Manitoba, Canada! #ouch #toowarm

@coldcanuck: It's great that Winnipeg has a NHL team now but wouldn't it be great if the league scheduled them to play once and awhile? #GoJetsGo

@alexyuzwa: Dear Blackberry, we all know who the better fruit is around here. #Apple #TeamiPhone

@sierradean: I HATE when Kindle editions cost more than hardcover. Drives me up the wall.

@DarcyToews: I should've sided with Steve Jobs before he became more powerful then I could've possibly imagined. #blackberry

@Bistmaster: Some people's Facebook statuses sincerely shake my faith in the human race as a whole, but there's just no nice way of telling them...

Worth Mentioning

Scientists have cracked the genetic code of the Black Death, one of history's worst plagues, and found that its modern day bacterial descendants haven't changed much.

Luckily, we have.

The evolution of society and medicine and our own bodies has far outpaced the evolution of that deadly bacterium, scientists said.

The 14th century bug is nearly identical to the modern-day version of the same germ. There are only a few dozen changes among the more than 4 million building blocks of DNA, according to the journal Nature.

What that shows is that the plague was deadly for reasons beyond its DNA, authors said.

In its day, the disease killed between 30 million and 50 million people — about one of every three Europeans. It came at the worst possible time — when the climate was suddenly getting colder, the world was in the midst of a long war and horrible famine, and people were moving into closer quarters, scientists say. And it was likely the first time the disease had struck humans, attacking people without any innate protection.

THE ASSOCIATED PRESS

Snail's. Pace

▶ This sea snail has a rather peculiar method of transport – by floating upside down on mucus bubbles it produces.

DENIS SIZEF/AFP/GETTY

Photo of the day

These colourful snails secrete mucus from their "foot," an organ at the base of their body. Instead of using slime to get around, they trap air inside fast-setting mucus to make bubbles that stick together and form rafts where they spend the rest of their lives.

WEIRD NEWS

It's like a deer in headlines

For the past week, a massive, short-tempered stag has been charging into British headlines, goring a man in the middle of a picnic and chasing one woman through the brush.

The stag's rampage has cast a shadow over Bushy Park, a quiet suburban expanse of tree-lined avenues and ponds some 21 kilometres southwest of central London.

"I've been in and out of the park for 20 years, and this is the first time I've heard of people being attacked in such quick succession," said Robert Piper, a sports and wildlife photographer whose dramatic shots of the angry deer have kept it in the headlines.

Bushy Park holds 320 deer, which roam freely across a 445-hectare area of meadows and forested areas.

They are generally gentle creatures — until fall's rutting season.

Park veteran Dick Hill, a 64-year-old retiree with binoculars dangling from his neck, says, "There have been quite a few of (the incidents) this year."

Hill said a shortage of female deer could be to blame for the aggressive behaviour.

London's feisty press have traced the path of the stag's rampage under articles bearing names such as "Stag Fright." THE ASSOCIATED PRESS

metro
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TREVOR MARCZYLO/METRO NEWS

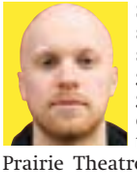
▶ Bingo! will be showing at the Prairie Theatre Exchange.

The pain of reunions

Bingo! — the production opening tonight — explores the comedy of a high school tradition

BACKSTAGE PASS

JARED STORY
METRO WINNIPEG



Should I stay or should I go? In Bingo! — opening tonight at Prairie Theatre Exchange — Canadian playwright Daniel MacIvor uses a 30th high school reunion in Cape Breton to explore that clash.

"At the centre of it is the people who left and the people who stayed," MacIvor says, 49. "There's tension between three people who made the choice to stay and two people who chose to leave. I think that's an incredibly Canadian story, because that's what we tend to do, we leave."

The comedy sees five old friends reminiscing about good times/bad times while playing a drinking game called Bingo. For MacIvor, it's a personal story.

While the Toronto-based playwright missed both his 20 and 30-year high school reunions, he's no stranger to big city dreaming and hometown longing, as he's originally from Sydney, Nova Scotia.

"Even in a place like Winnipeg there's this idea that 'if I'm going to do this thing I need to go to the place where there are more people doing this thing so I can do it better'," MacIvor says.

"People that stay in Calgary or Winnipeg often feel a pressure to go to Vancouver or Toronto. But, I think there's this call. If we leave it, we feel like we want to go back. Being from the East Coast I've certainly experienced that need to return and the need to leave."

If this sounds like heavy-duty introspection/investigation, it isn't. The Governor General's Award-winning playwright may be known for such serious stories as Marion Bridge, but says Bingo! is full-out funny.

This summer, MacIvor premiered the play in three Nova Scotia cities — Halifax, Guysborough and Glace Bay — and was pleased with the response to his lighter work.

"The audience was so grateful to be able to go to the theatre and have a laugh and not necessarily be weighed down with talk of the state of the world and the misery of being," MacIvor says of the experience

"It's a comedy and it's not going to trick you, it's not going to pretend to be funny and then make you feel bad about yourself."

Bingo! runs until Oct. 30.

For tickets and show times call 942-5483 or visit pte.mb.ca.

2 scene

Auctioned off

A collection of American vintage guitars owned by actor Richard Gere has fetched nearly $1 million at auction in New York City. The top sale went to a 1960 solid-body Les Paul electric guitar by Gibson, which sold for more than $98,000.

THE ASSOCIATED PRESS

London Film Festival opens with Jude Law, Rachel Weisz in romantic roundtable 360

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‘About a cult’

Martha Marcy May Marlene delves into the world of manipulation ◗ Films stars Elizabeth Olson

NED EHRBAR
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METRO WORLD NEWS IN HOLLYWOOD

Writer-director Sean Durkin’s first feature film, Martha Marcy May Marlene, deals with the trauma of life inside and after escaping a cult — though that word is never used in the film.

In fact, the film’s protagonist, Elizabeth Olson — turning in a striking, heartbreaking performance — doesn’t use very many words at all, which makes understanding why she’s so troubled that much harder for her sister (Sarah Paulson) and brother-in-law (Hugh Dancy). Told in a fractured chronology that highlights Martha’s growing paranoia, the film is both beautiful and unsettling. But more unsettling for Durkin was how easy it was to find former cult members to discuss their experiences while researching the project.

Bio

- Sean Durkin and his NYU classmates Josh Mond and Antonio Campos founded Borderline Films in 2005, and the three rotate the roles of writer, director and producer for their films.
- While Martha Marcy May Marlene is his first feature as a director, Durkin produced the company’s other features, including Afterschool and Simon Killer, which is currently in post-production.

Where did the idea for this movie start?

It started with just a very simple desire to maybe make a film about a cult. I felt like I hadn’t seen anything that was modern and naturalistic. I wanted to do something that showed a little bit more of the subtle manipulation. I started writing and I just started talking about it, and when you start talking about it, people are always like, “Oh my friend grew up in one. I’m sure he’d be happy to talk to you.” It’s amazing. I didn’t have to go out and search. It’s really common, which is very strange.

With the steps the cult leader (John Hawkes) takes to indoctrinate your heroine, it’s almost like a how-to guide.

It’s funny, these guys are all very generic. Like seriously, you read about them and they just all use the same tactics. The things that he does are just what these guys do over and over again. They just change their purpose.

The word “cult” never comes up in the movie.

We never used the word “cult” until after the movie was finished and we had to start talking about it, because there’s no other word to use.

But we never talked about it while we were there, when we were shooting.

With the actors, we never discussed it like that. “Cult” has got a lot of connotations that aren’t helpful when you’re making a movie about someone being manipulated into certain things.

I mean, no one in a cult ever talks about being in a cult or thinks they’re in a cult. They just think that what they’re doing is right and they’re doing what they believe in.

The title is a mouthful until you see the movie, and then it just rolls off the tongue.

Yeah, that seems to be a common response. I never wanted to call it anything else. I usually struggle with names of things that I do, but I came up with that the day I came up with the plot. And the name just popped into my head. I thought of Martha, and then Marcy May Marlene just flowed out after and that was it. At Sundance, the first couple big reviews to come out mentioned that once you see it, it’s easier — which was great to hear because it’s obviously a concern.

GETTY IMAGES

▶ From left, actresses Elizabeth Olsen, Sarah Paulson, director Sean Durkin and actor Hugh Dancy attend the Martha Marcy May Marlene premiere during the 2011 Toronto International Film Festival.

Captain Kirk is covering tunes

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William Shatner has boldly ventured into a new space-themed project: a spoken-word, cover-tune album that the former Star Trek captain felt was a risk when he recorded it.

“It’s such a departure and it’s such a reinterpretation of some classics that I knew that I was on dangerous ground,” Shatner, 80, said during a recent telephone interview to promote Seeking Major Tom.

“For the longest time I didn’t know whether it was going to be accepted or not. It seems to be taking (off).”

Out this week as a two-disc CD version as well as a three-disc vinyl edition, Seeking Major Tom features Shatner’s trademark speak-sing interpretations of classic rock favourites and other space-themed songs. The first tune, Major Tom (Coming Home), begins with a blast: the sound of spacecraft lift-off followed by pulsating ’80s synth sounds and Shatner’s deadpan-to-dramatic delivery of the lyrics.

Other songs include Rocket Man, She Blinded Me With Science, Walking On The Moon, Bohemian Rhapsody and Iron Man.

Shatner said Cleopatra Records in Los Angeles approached him about a year ago to do recitations on an album. It wasn’t a stretch: after all, Shatner had already done this type of thing before, first with his much-lampooned 1968 album The Transformed Man, and then with 2004’s Has Been.

“I ultimately presented them with this and they were a little hesitant at first and then they got behind it,” said the Montreal-born star, who’s won two Emmy Awards and a Golden Globe.

THE CANADIAN PRESS

HANDOUT

▶ William Shatner

Guests

- Guest artists include Brad Paisley, Zakk Wylde, Sheryl Crow, Ritchie Blackmore, Lyle Lovett, Steve Miller and Peter Frampton. Also featured are members of the Strokes, the Kinks and Alice in Chains.

Celebrity tweets

@aplusk

"@mrskutcher good luck tonight! you should be proud"

@ladygaga

"Just landed in London! Judas playing on Radio 1 the minute I turn it on! Thank u!! Missed the UK."

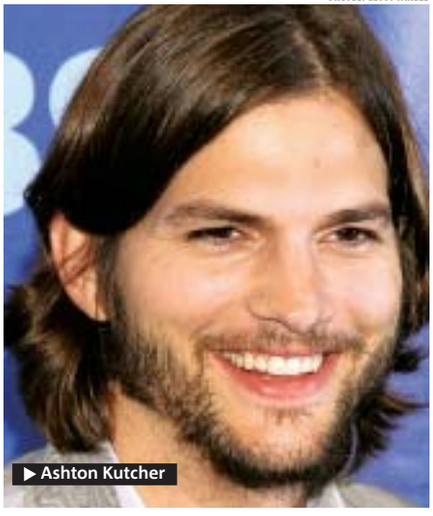
@billmaher

"Is there anything stupider in the whole world than newspaper cartoons of recently dead famous people meeting god in heaven?"

Kutcher's fling comes forward

Woman claims she spent the night in a hot tub with Ashton Kutcher Says pillow talk turned political

PHOTOS: GETTY IMAGES



Ashton Kutcher

Sara Leal, the San Diego woman who claims she was with Ashton Kutcher on the night of his sixth wedding anniversary, is breaking her silence.

"He just came up and kissed me," Leal tells Us Weekly of her introduction to Kutcher, who she claims had told her he was separated from Demi Moore.

Leal details a late night cavorting naked in a hot tub with Kutcher and one other woman before the pair retired to Kutcher's bedroom.

"He lost his towel and I took my robe off," Leal says. "Then we had sex." And apparently Kutcher's pillow talk got political, as Leal says he quizzed her on "up-and-coming candidates," she remembers. "I said Rick Perry. He asked if I'd vote for him. I said I didn't know and he laughed." METRO

Angie travels to Libya for UN

Angelina Jolie

Though she usually can't make a move without paparazzi knowing it, Angelina Jolie made a secret trip to Libya this week, according to Reuters. "I have come to Libya for a variety of reasons, to see a country in transition at every level," Jolie said in a statement.

The actress visited the country under her role as an ambassador for the United Nations refugee agency, UNHCR. METRO

Jeter, Kelly on again?

Although they announced their breakup in August, Derek Jeter and Charlie's Angels star Minka Kelly were spotted "laughing and having a fun breakfast together" in Miami recently, says Page Six. METRO

Ozzy to be a grandpa

It's a big month for Jack Osbourne, as his fiancée, Lisa Stelly, is pregnant with their first child, he told Piers Morgan in an interview, meaning shock rocker Ozzy will soon be a grandfather. METRO

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The colour of the season

OD'ING ON YELLOW

Maybe there was a yellow special at the fabric fairs last year. How else to explain the canary overload this spring? METRO

MULBERRY

Stylish eyewear is a fall accessory must-have.

A front row look at Fashion Month

Four cities, three weather systems and 308+ runway shows later, the spring/summer 2012 shows are finally over We look back at the standout trends from New York, London, Milan and Paris

KENYA HUNT
LIFE@METRONEWS.CA
METRO WORLD NEWS IN LONDON

Sweet and pretty

Just when you were beginning to get used to the idea of fall's kinky fetish wear, the fashion pendulum swung the completely opposite way for spring. Chanel, Louis Vuitton, Valentino and Givenchy are just a few houses that turned out the kinds of feminine, universally appealing dresses that both your mother and homegirl would approve of. Think: shimmery, ethereal dresses that resembled oyster shells and lace frocks the colour of lemon drops.

Tough and sporty

The spring summer collections will hit stores in February, just as preview coverage of the 2012 Olympics is getting underway. That's five whole months before you get sick of all talk about The Games. So it's no wonder that designers such as Alexander Wang, Stella McCartney, Nicole Farhi and Team Max-Mara showed athletic-inspired collections complete with perforated leather, high-performance knits and enough mesh to outfit an entire BMX team.

GETTY

Gucci

The mid-century revisited

Lately, the fashion weeks have been unfolding like a game of guess the decade. Last season was all about the '60s. The season before that, the '70s. And this time around, Prada, Jil Sander, Rochas and Dries van Noten were just a few that conjured up prim, '50s glamour. But it's a slightly different take on the decade from the whole Mad Men look that was so popular two years ago. It's a little bit Happy Days, a little bit Hitchcock. Prada's stiff, greaser jackets, Sander's crisp poplin dresses and Rochas's full skirts made a strong case for a polished, coolly calculated approach to dressing that simply doesn't exist in this day where most women try very hard to look like they didn't put any effort into their appearance at all.

Flaptastic

The '50s wasn't the only decade to make a comeback for spring. Ralph Lauren, Marc Jacobs, Etro and Gucci all served up fantastical flapper collections with one key element that is sure to trickle its way down to the H&Ms and Zaras of the world: the dropped-waist dress.

Back to Africa

The use of African prints for spring/summer collections is hardly new. But this season, the trend seemed to reach a tipping point with Burberry Prorsum, Donna Karan, Michael Kors and Alberta Ferretti, among a long list of others, all showing prints that were inspired by the continent in some shape or form.

GETTY

Louis Vuitton

GETTY

Burberry Prorsum

Jeanne Space

In this hectic modern world, Twitter has become a cool and succinct way of communicating. Whether it's a fashion question, or you just want to comment on life's bigger picture, I'd love to hear from you.

@Jeanne_Beker: **Love the edgy cuts, masterful draping, and sleek ease of @gretconstantine. These guys REALLY know how to do it!!! Hooray for BRAVE fashion!**

- **@Jeanne Beker:** SO much eclecticism on Spring runways. Fashion direction is all over the map. Who else thinks "TRENDS" may soon be things of the past?
- **@trend_stigator:** Interesting obs! I think the trend will continue to be a movement towards creating individual style, and not being a follower.
- **@Jeanne Beker:** Certainly hope so! People just have to be BRAVE!

TUNE INTO FASHION TELEVISION EVERY SUNDAY AT 5:30 P.M. (ET) ON CTV. JEANNE BEKER'S FINDING MYSELF IN FASHION (PENGUIN) IS AVAILABLE IN BOOKSTORES NATIONWIDE.

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Away with the fairies

Building and tending a tiny fairy garden can inspire children and adults alike

Fairy gardens — hidden beneath stout trees at botanical gardens, or proudly displayed on tabletops at garden centres and in homes — are captivating the imaginations of children and adults, providing an escape into a tiny world.

Young kids get caught up in the magic, industriously building homes for the fairies they believe are real.

Older children enjoy working on the tiny scale: five-centimetre plants and diminutive garden furniture. Adults enjoy the creativity, too.

"You see how real it is for the children," says Donni Webber of Long Beach, Calif., who blogs about fairy gardens. "For the parent, it becomes real, too. It takes us all back into that magical time when it was all for real."

A fairy garden can be made in most anything — an oak barrel, terra-cotta pot, even old luggage and basins. They also can be planted straight in the garden, on a patch of soil or a tree stump, or hidden beneath a bush.

Meg Holloway, of Overland Park, Kan., builds fairy gardens with her eight-year-old daughter, Miranda.

WILLIAM CULLINA/COASTAL MAINE BOTANICAL GARDENS/THE ASSOCIATED PRESS

▶ A perfect little house for Tinkerbell.

WILLIAM CULLINA/COASTAL MAINE BOTANICAL GARDENS/THE ASSOCIATED PRESS

▶ A fairy garden yurt made from bark and feathers at the Coastal Maine Botanical Gardens in Boothbay, Maine.

Besides creating and maintaining the gardens, the two enjoy hunting for tiny accessories at garage sales and thrift stores.

"It is very special Mommy time," Holloway says. "I really love that."

She and Miranda often hide their fairy gardens outside for others to find.

"Little kids always notice," says Holloway. "Adults always walk on by."

The hide-and-seek appeal of fairy gardens has led some public gardens to encourage visitors to build fairy houses in out-of-the-way spots. The Coastal Maine Botanical Gardens in Boothbay, Maine, for instance, provides two building sites — along the shore and in the woods.

"What you notice a lot is the dads really get into it," says acting executive director William Cullina. "They like the construction, building things."

"It's very much like dollhouses for adults. It's a way to create a mini world, have a visual escape from the day-to-day norm."
KRYSTAL KEISTLER-HAWLEY, AREA MANAGER FOR ECHTER'S GREENHOUSE & GARDENS

So many fairy structures are built that garden employees periodically go through and knock some down, Cullina said, returning the materials — such as sticks, pine cones and rocks — to the "Gnome Depot."

"It gets kind of like suburbia after awhile," says Cullina. "It sprawls — we get 'fairy sprawl.'"

Heather Fogg of Peoria, Ill., builds fairy gardens out of found objects, such as chipped metal basins and old dresser drawers, and uploads pictures of some of her finished gardens on Flickr.

She scatters her mini-gardens among her outdoor gardens, "hidden like I imagine fairies would accidentally be found."

For children, making the furniture and accoutrements out of found objects is half the fun. But some adults prefer to buy their accessories, which they can do online and at garden centres and specialty shops.

THE ASSOCIATED PRESS

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Shedding a little light

Lighting basics for the key rooms in your home

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KARL LOHNES
HOME@METRONEWS.CA

As daylight gets shorter and shorter, I notice that the first thing I do when I come home is go around turning on all the lights.

Good lighting not only helps brighten up a space, but also highlights the special features of each room.

Every room needs three types of lighting: overall, task and ambient. Here's a room-by-room checklist of the lighting needed to keep things looking bright for the darker months ahead.

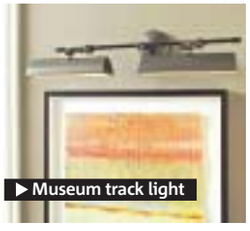
Living room: The right types of light can make a room either relax or come to life with energy. I like to fill dark corners in this room with recess lighting that is discretely hidden in the ceiling. You can also use upright-style floor lamp or small lights that shoot light upwards.

The task lighting in a living room is primarily for reading. A small-scale elbowed metal floor lamp is perfect for directing light where you need it.

Keep these sorts of floor lamps on each side of a sofa and beside your favourite reading chair.

Ambient lighting adds sparkle to a room and helps to balance other strong light sources in a room. Go for 15-watt candlestick-style lamps or use picture lights hung over your art work.

POTTERY BARN



▶ Museum track light

Kitchen: This room needs to have great light to work with. Overhead lighting is key and can come in the form of recessed (pot) lighting, or a flushmount light fixture. Under cupboard lighting is probably the most needed, yet most forgotten type of lighting for a kitchen. It keeps your counter and stovetop areas illuminated for chopping, washing dishes and other kitchen counter tasks. Simple to install, an electrician taps into an electrical source and wires small puck-shaped light fixtures under the upper cabinets.

POTTERY BARN.

▶ Chandeliers are a lovely ambient and overall light source for dining rooms.

Dining room: This room should evoke pure ambience. Bright overhead lighting is good to have on hand, but a dimmer switch will definitely be your best friend when planning lighting in this room.

The chandelier will be your main source of light. Make sure that the wattages of chandelier bulbs add up to at least 60 to 80 watts to help create a strong illumination. The bottom of a chandelier should hang 32 to 40 inches above the table.

Other ambient lighting could be wall sconces or picture lights that help wash a subtle light over the side walls in the room. Finally, the ultimate ambient light will be candles.

Let your pad shine

Adding plug-in timers on a variety of lamps around your home will not only keep minimal illumination, but will add a sense of security to your place.

▶ **Wattage amounts:** overhead 60-100 watts, task lighting 40-60 watts, ambient less than 25 watts.

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ISTOCK IMAGES

▶ Keep your comforter's feathers fluffed and extra fresh.

Hello!
I have a down-filled comforter that clearly states "Dry Clean Only". Is there any way I can avoid the dry cleaners to have this cleaned and do it myself?
Signed, Laundry Lady

Dear Laundry Lady,

The good news is that yes, you can wash a down-filled duvet.

However, there are some very specific steps that you must follow to ensure success.

1. Only ever wash it in a front loading washing machine; never a top loader as the agitator in a top loading washer will damage the down duvet.

2. Use 1/4 the amount of soap, because soap is very difficult to remove from this kind of garment.

You can always wash a second time and add more soap if needed.

3. When you put the duvet in the dryer you will need some tennis balls in a sock — these will bounce around to help break up the feather clumps within the duvet

4. Do not use the auto dry feature on the dryer, instead use the timer and leave the duvet in for a long time, as the feathers take time to dry.

You may think the duvet is dry to the touch but remember the feathers!

I have left my duvet in the dryer for easily an hour and sometimes even an hour and a half.

There is nothing nicer than clean laundered items, and a duvet is something, with the right equipment and soap, you can easily do yourself.

GOT A QUESTION? SEND AN EMAIL TO ASKCHARLESTHEBUTLER@METRONEWS.CA

Pear desserts with the season

Add the fruit to your sweet endings for a touch of autumn These recipes for Butter Pear Cake and Creamy Pear Pie shake up classic desserts Both are perfect for entertaining

This Butter Pear Cake takes its influence from German Butter Cake. Pears are added to go with the fall season but can be omitted for the straight-up gooey version. You can also leave off the almonds, if you prefer.

MATTHEW MEAD/ THE ASSOCIATED PRES

▶ This recipe makes 16 servings.

Preparation:

1. Coat a 23-by-22-cm (9-by-13-inch) baking dish with cooking spray. Then in a small bowl, toss pears with ground cardamom, and set aside.
2. In bowl of electric mixer fitted with the paddle attachment, combine milk, yeast, sugar, salt, egg and flour. Mix on medium until smooth dough has formed. Add 30 ml (2 tbsp) of butter and mix until fully incorporated. Repeat with remaining butter. This should take 8 minutes.
3. Scrape dough into prepared baking dish and, using greased hands, spread over bottom of pan. Cover with plastic wrap and let rise in a warm place until doubled, 45 minutes.
4. Heat oven to 180 C (350 F). Sprinkle pears over top of dough.
5. Topping: In the bowl of an electric mixer, cream together butter, cream cheese, sugar and salt. One at a time, add eggs, beating until well mixed. Stir in vanilla and corn syrup, then mix in flour. Dollop this mixture over pear-covered dough.
6. Bake for 40 minutes or until the centre is slightly set but still jiggly. Let cool. Sprinkle with powdered sugar and toasted almonds to serve. Refrigerate leftovers.

THE ASSOCIATED PRESS

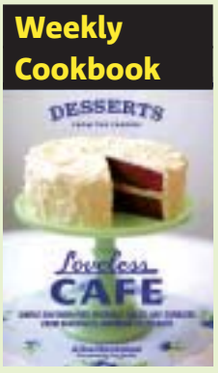
Ingredients:

Cake
- 2 medium fresh pears, peeled, cored and diced
- 2 ml (1/2 tsp) cardamom
- 125 ml (1/2 cup) milk, room temperature
- 7 ml (1 1/2 tsp) instant yeast
- 45 ml (3 tbsp) sugar
- 5 ml (1 tsp) salt
- 1 egg
- 500 ml (2 cups) all-purpose flour
- 90 ml (6 tbsp or 3/4 stick) unsalted butter, room temp

Topping
- 125 ml (1/2 cup or 1 stick) unsalted butter, room temperature
- 125 g (4 oz) cream cheese, room temp
- 250 ml (1 cup) granulated sugar
- 2 ml (1/2 tsp) salt
- 2 eggs
- 10 ml (2 tsp) vanilla
- 50 ml (1/4 cup) corn syrup
- 175 ml (3/4 cup) all-purpose flour

Garnish
- Powdered sugar
- Toasted sliced almonds

Weekly Cookbook



Renowned for its Southern charm and superb comfort food, the Loveless Café in Nashville, Tenn., serves some of the best desserts below the Mason-Dixon line.

In Desserts from the Famous Loveless Café (Thomas Allen & Son, 2011), pastry chef Alisa Huntsman takes the most beloved Southern ingredients and flavours and combines them to create desserts with a modern appeal. Muddy Fudge Pie, Bourbon Peach Shortcake, Red Velvet Cake, Pear Coffee Cake, and Loveless Banana Pudding are just a handful of the more than 100 recipes included in this book.

THE CANADIAN PRESS H/O

▶ This recipe serves six to eight people.

Creamy Pear Pie

This traditional pie crust plays host to thinly sliced Bosc or Bartlett pears and a custard-like filling, flavoured with hints of sweet almond.

Preparation:

1. Preheat oven to 200 C (400 F). In a large bowl, toss pears with sugar, flour and lemon zest and juice. Reserve 250 ml (1 cup) of pear mixture and set aside.
2. In a small bowl, combine sour cream with vanilla and almond extracts. Add to pear mixture and mix to coat. Pour into pie shell and top with reserved pears in a fan pattern.
3. Topping: In bowl, combine flour, butter and brown sugar until crumbly. Sprinkle over pears.
4. Place pie in preheated oven and bake for 10 minutes. Reduce heat to 180 C (350 F) and bake for another 45 minutes or until pears are tender.

THE ASSOCIATED PRESS/ ONTARIO TENDER FRUIT PRODUCERS

Ingredients:
- 1 l (4 cups) sliced, peeled Bosc or Bartlett pears
- 75 ml (1/3 cup) sugar
- 30 ml (2 tbsp) all-purpose flour
- Zest of 1 lemon
- Juice of 1/2 lemon
- 250 ml (1 cup) sour cream
- 2 ml (1/2 tsp) vanilla extract
- 2 ml (1/2 tsp) almond extract
- 1 unbaked pastry shell (23 cm/9 inch)

Topping
- 50 ml (1/4 cup) all-purpose flour
- 30 ml (2 tbsp) butter, melted
- 30 ml (2 tbsp) brown sugar

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4 sports

Cruz the hero again

Rangers outfielder hits 11th-inning home run as Texas takes 3-1 lead in AL championship

RANGERS	TIGERS
7	3

LEON HALIP/GETTY IMAGES

▶ Elvis Andrus scores on a single by Rangers teammate Michael Young in the sixth inning. Texas won 7-3.

Nelson Cruz made a rocket throw to keep the score tied, then hit a crushing three-run homer in the 11th inning off Jose Valverde that helped send the Texas Rangers over the Detroit Tigers 7-3 last night for a 3-1 lead in the AL championship series.

Cruz, whose grand slam in the 11th inning won Game 2, once again starred for the Rangers in a game delayed at the start for more than two hours by rain.

With Detroit runners at the corners in the eighth and the score three-all, Cruz caught Delmon Young's fly ball to right field and made a strong peg to catcher Mike Napoli to nail Miguel Cabrera.

Napoli blooped a go-ahead single in the 11th and Cruz soon added his fourth home run of the ALCS. Cruz became the first player in major league history to hit a pair of extra-inning homers in the same post-season series.

Texas tries for its second consecutive AL pennant on Thursday, sending C.J. Wilson to the mound to face Detroit ace Justin Verlander.

The ALCS has marked quite a turnaround for Cruz. After going just 1 for 15 in the first-round playoff win over Tampa Bay, he's 5 for 14 with 9 RBIs in only four games against the Tigers — and seven of those RBIs have come in the 11th inning alone.

Brandon Inge hit a solo home run in the Detroit seventh that tied it. The Tigers wasted a terrific chance an inning later following some risky Texas strategy.

With one out and nobody on, the Rangers intentionally walked Cabrera, practically daring the rest of the struggling Detroit lineup to beat them. The AL batting champion hit a two-run double earlier in the game, in fact.

Victor Martinez, who hurt his ribcage on a home run swing in Game 3, followed with a single to right and Cabrera lumbered around to third.

Young, another Tigers starter who has been banged up lately, managed to lift the ball to medium right. Cruz caught it and made a perfect, one-hop throw to the plate that beat Cabrera by several feet. THE ASSOCIATED PRESS

Quoted

"The numbers are close enough that that wasn't going to doom the season. The hard salary cap is what's going to doom the season right now."

JEFFREY KESSLER, A LAWYER FOR THE NBA PLAYERS, ON WHAT'S PREVENTING THE UNION AND THE LEAGUE FROM REACHING AN AGREEMENT. THE NBA AND ITS LOCKED-OUT PLAYERS ARE GOING TO USE THE SAME FEDERAL MEDIATOR WHO TRIED TO RESOLVE THE NFL'S LABOUR DISPUTE MONTHS BEFORE IT EVENTUALLY ENDED.

Red Sox GM joins Cubs: Reports

Boston Red Sox executive Theo Epstein has agreed to a five-year contract with the Chicago Cubs, according to multiple media reports.

The 37-year-old Epstein would leave the Red Sox with a year remaining on his contract as general manager and take over what is expected to be an expanded role with the Cubs, who have gone 103 years without a World Series championship.

Radio station WEEI in Boston, ESPN the Magazine and SI.com all cited unidentified sources in reporting that Epstein has agreed to a deal. Details, which could include compensation to the Red Sox, were still being worked out.

The Cubs declined comment yesterday and Red Sox officials could not be reached by The Associated Press.

On Tuesday, a person familiar with the situation told the AP that Epstein was likely to join the Cubs within 48 hours.

With Epstein at the helm, the Red Sox ended an 86-year World Series championship drought in 2004 and won the title again in 2007.

Cubs chairman Tom Ricketts fired GM Jim Hendry in August and finished 71-91.

They have been pursuing Epstein, who just finished his ninth season with Boston.

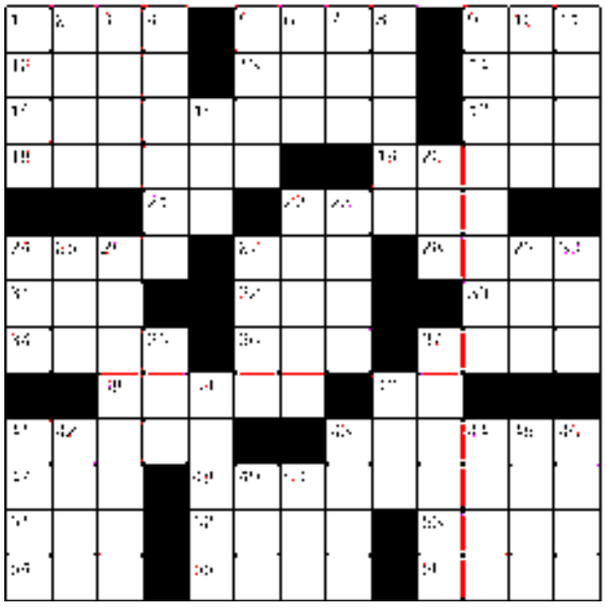
The Red Sox missed the playoffs following a record collapse, going 7-20 in September and finishing at 90-72.

THE ASSOCIATED PRESS

WINSLOW TOWNSON/THE ASSOCIATED PRESS FILE

▶ Theo Epstein

Crossword



Across

1 Navigator's stack
5 Deck in the ring
9 Upper surface
12 Oil cartel
13 Leading man?
14 "Hail, Caesar!"
15 Pianist's ticker
17 Barbie's companion
18 Agreement
19 No stay-at-homes
21 Lindbergh book
22 Plot mathematically
24 Back talk
27 Greet the villain
28 Grant's —
31 Thickness
32 Once around the track
33 Long March leader
34 Yin counterpart
36 Salt Lake athlete
37 Titanic's destroyer
38 Knighted women
40 "Monopoly" square
41 Increase in troop levels
43 Antenna
47 Yoko of music
48 Houston sports venue
51 Poorly lit
52 Squad
53 Rams' fans?
54 Chowed down
55 Stitches
56 Carry on

Down

1 NYC cultural centre
2 "Planet of the —"
3 Household critters
4 Threaded nails
5 Philosopher Immanuel
6 Big bother
7 Sweet potato
8 Last letter
9 After-taxes
10 Finished
11 Nerd-pack contents
16 Indivisible
20 Choose (for)
22 "The Men Who Stare at —"
23 Lasso
24 Agent
25 In the manner of
26 Stockholm —
27 Sad
29 Scratch
30 Cranberry territory
35 Joke
37 Edge
39 Butcher's wares
40 Earth (Pref.)
41 Pop
42 Troop group
43 Weaponry
44 Midwest state
45 "So be it"
46 For fear that
49 Witness
50 Playing marble

▶ Yesterday's answer

Sudoku

		5	4			9	6	
8						5		1
	3			9				8
	5				6	3		
			2		8			
		7	1				9	
4				1			5	
1		8						9
	9	6			3	2		

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ▶

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

Lye, Things seem fading away I admit it. But I have JandLye etched in stone, and no matter how much wind blows our way we'll remain together, forever and a day. I know you feel the same way I just want to let you and the whole world know I love you. **J**

thatgirlfromthestore, Hey, just wanna send a kiss to you, miss you each day I don't see you. **BUDDYBOI**

Kutti, You can't be my boy, you r the 50 yrs old guy(ha-ha). My hero never compare me with others (smile), he knows I feel jealous :) who r u? **WONDER WOMAN**

canny71, "If I could reach up and hold a star for every time you've made me smile, the entire evening sky would be in the palm of my hand." ~author unknown~ **KACKE**

A look at the weather

TODAY	FRIDAY	SATURDAY
Min 7° Max 9°	Min 3° Max 12°	Min 1° Max 11°

BT BREAKFAST TELEVISION

Jenna Khan, Weather Specialist

"Weather impacts everything we do. Providing the information you need before you head out that door and take on the day is the best part of my morning." **WEEKDAYS 6AM**

Today's horoscope

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♈ Aries March 21-April 20 The more you put yourself out for friends and colleagues today, the more you will benefit.

♉ Taurus April 21-May 21 Try not to get so close to something you are working on that you lose your sense of perspective.

♊ Gemini May 22-June 21 Get busy working on a creative project that will benefit not only you but other people as well.

♋ Cancer June 22-July 22 Someone you love will demand more independence today, if you are smart you will give it to them.

♌ Leo July 23-Aug.23 If you use your social skills wisely today, you will make friends with people who can help transform your life.

♍ Virgo Aug. 24- Sept. 22 Any barriers you encounter today are there for a reason, so don't moan that fate is being unkind.

♎ Libra Sept. 23-Oct. 23 Today's Sun-Saturn union will remind you how important it is not to get carried away. Think before you act.

♏ Scorpio Oct. 24-Nov. 22 There are things in your life that have been holding you back from your full potential. Get rid of them.

♐ Sagittarius Nov. 23-Dec. 21 It's good that you are ambitious but you also need to stay on good terms with people who can help.

♑ Capricorn Dec. 22-Jan. 20 The most important thing today is that you guard your independence and your right to be different.

♒ Aquarius Jan. 21-Feb. 18 A Sun-Saturn link will bring a challenge. You'll handle it with ease. It will be a confidence booster.

♓ Pisces Feb. 19-March 20. You have backed yourself into a corner from which it won't be easy to escape. **SALLY BROMPTON**

Caption contest

JEFF MCINTOSH/THE CANADIAN PRESS

ALEXANDER F. YUAN/THE ASSOCIATED PRESS

WIN!

You write it!

Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in tomorrow's Metro.

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